

Dates & Locations

DAY-10am-2pm

5/4-Egg Harbor City Lincoln Park (Buffalo Ave. and Rt. 30)

5/6-City Center Park Atlantic City 1201 Bacharach Blvd.

5/11-10 Renaissance Way Renaissance Plaza Atlantic City

5/13-Hammonton Wawa 100 12th Street Hammonton

5/18-New York Ave. and boardwalk in Atlantic City

5/20-Egg Harbor Twp. Walmart 6801 E. Black Horse Pike

5/21-AC Bus Terminal (VACCINES)

5/25-Atlantic City bus terminal 1901 Atlantic Ave.

5/26-Hammonton DiDonato Bowling Alley 1151 S. White Horse Pike (VACCINES)

5/27-Turning Point Day Center 1717 Bishop Richard Allen Way

NIGHT- 5-8pm

5/4-Pleasantville Housing Authority 156 N. Main St. Pleasantville

5/6- Egg Harbor Twp. Walmart Egg Harbor Twp. 6801 E. Black Horse Pike

5/11-Red Klotz 1301 Adriatic Ave, Atlantic City

5/13-Egg Harbor City 100 block of Philadelphia

5/18- Atlantic City Bus Terminal 1901 Atlantic Ave, Atlantic City

5/20-O'Donell Park 2 S. Hartford Ave, Atlantic City

5/25- Pleasantville Bus Terminal 1 E. West Jersey Ave. Pleasantville

5/27-Florida and Pacific Ave. Atlantic City



Sheriff Eric Scheffler

Hope One

"Connecting those in crisis to services"



What we offer:

- Direct connection to all levels of treatment
- Narcan training
- County ID's (if going to treatment)
- Assistance into sober living housing

"Success is not final, failure is not fatal: it is the courage to continue that counts." - Winston Churchill

Sheriff Scheffler of Atlantic County piloted the Hope One program in 2018, with a vision of serving the entire community, one individual at a time. Hope One outreaches individuals in crisis, the process begins by normalizing the individual, identifying the client's strengths, for the purpose of accessing and mobilizing their self-determination.

Under Sheriff Scheffler's guardianship and unwavering commitment, Hope One has expanded program services to develop a more comprehensive approach. Our team will prioritize the client's needs while placing an emphasis on service delivery. Hope One prides itself on being available to any community member that seeks services.

Hope One mobile unit is available 5x per week at various locations throughout the Atlantic County area. The program will remain focused on the client through the collaborative process. Our staff will advocate, coordinate services, educate and support, as well as provide after care through short term case management, for the sole purpose of the client to obtain a successful outcome.

Recovery Story

My addiction took off at a young age. I grew up in a household where partying was not unusual. Things only got worse when my parents separated and got divorced. My mother fell apart and became a teenager again. She was partying all the time. She was too sick to notice what my older brother and I were up to. Needless to say we were partying right along with her. There was hardly ever any discipline or consequences in our home, it was as if we were just all friends. As time went on things just got worse and worse for my family. My brother went to live with his friends, I became pregnant at 15 years old and moved in with my boyfriend and his parents. I had no choice but to stop partying. I also expected my boyfriend to stop and that didn't happen. I found myself a single mother fighting to survive on my own. I tried my hardest to stay away from the party scene but with no supportive family members, friends, or guidelines, I continued to fall back into that lifestyle. Many times over the next 20 plus years I suffered from addiction. I got married and was practicing abstinence from drugs and alcohol for about 6 years. I did not have any coping skills so as my marriage and home life began crumbling down around me, what else would I do? I started using any drug, even ones I never thought I would. Looking back now with 31/2 years sober, I can honestly say I put EVERYTHING and ANYTHING before my recovery, therefore I lost is ALL. I lost my 4 children, home, car, business, everything that I THOUGHT had value in my life, I lost. I lost myself completely. I had no self-worth, no self-esteem, no morals or values, no respect for myself or any dignity. My life went completely out of control very fast. I found myself homeless several times in between detoxes, rehabs, psych hospitals, jails, and even prison. None of those things would stop me from using. I got to the point of complete animalistic levels, eating out of the 7-Eleven dumpster while living in a tent on the railroads of Kensington, PA. My entire life was centered around using to live and living to use. When I tell you, I did everything and anything for one more, I did it. My fear of becoming sick controlled every aspect of me. controlled every aspect of my existence. While in Kensington these ladies that appeared to be completely out of place, would come out to hand out food, clothes and these "BLESSING BAGS." I would just get so excited. These ladies were always so kind and caring. I thought i was hustling them when i would ask for more than one bag then, but now I know better. They never said no. They always listened and wanted to help everyone. I have big feet for women size 9. It was hard for me to find shoes when they handed out clothes. JoAnne, one of these ladies, said she when she found my size, she would hold onto them for me until she saw me again. Don't you know, JoAnne held onto those size 9 shoes for me for almost 2 months. I was so amazed by these ladies who really did care and wanted to help. They gave me their phone numbers and they actually answered their phones. Even when I would call at 3am, in complete



desperation. The next day they would come pick me up and always feed me then take me to detox. My biggest dilemma with going into a long-term program was not having an ID or health insurance. Every time I would complete the detox, I would find myself right back on the streets homeless. Guilt and shame were way too heavy to ever consider going back home to ask for help. Not to mention, my family members were caring for my all 4 of my children and had all been separated. I was convinced that they would just be better off if I was dead. Nevertheless, my higher power had such a better plan for my life. The ladies with the "BLESSING BAGS" found a program on accident that would take me in with, no ID, no health insurance and detox me. I had no more excuses. The program was located in Bethlehem, Pa. and those ladies drove me 3 hours one way. They got me there on July 10, 2017. I came back home to a sober living program, close to my family on January 20, 2019. When I came home, I got involved in AA. It was suggested to get a homegroup, find a sponsor and get a commitment. I was willing to do ANYTHING to get another day sober, so I listened. I did not want to go back to where I was in Kensington, so I got a sponsor, who is now my role model. I went over the 12 steps with my sponsor. I got a homegroup. I got a commitment of taking meetings into rehabs and detoxes. These are the best things I could have ever done for myself. I found a power greater than myself, through the step process, that is loving and caring and wants nothing but good for me. I have developed amazing friends in AA, that are always one phone call away, no matter what! AA has given me a life 10 times better than I could have ever, ever, imagined possible. Today, I am employable. I have relationships with my family. My daughter wanted me to get custody of her. That happened. We have had the same address for 2 years. I was able to watch my daughter graduate from high school. I was able to buy her a car and a computer for college. I get to help my daughter pay for college. I go to work every day to help others struggling with addiction while I'm going to school to become a drug and alcohol counselor. I have a car with matching license plates, and it is registered and insured to me. I am saving money to buy a house of my own for my family. These things are just the surface things I have been able to accomplish in my recovery, so far. Like that guilt and shame went away through the step process. I no longer fear life, rather I embrace it. I have learned to practice the things I was taught by other recovering addicts. I trust and believe my higher power is working in my life every day. He has beautiful things to share through me in this life. Life is filled with bumps in the road, but every day I get to practice and become a little bit better than yesterday. These things I never ever thought would be real in MY life, just everyone else's. I can absolutely say I love myself and my life today. I would never change anything. My higher power, AA, and my sober friends and family, have helped me to heal and move forward into this beautiful life. This life was meant for me to have. I would not trade this for anything. Here I am sharing all of this everyone thanks to a wholehearted lady wanting to help with a "BLESSING BAG."

Jennifer G.

One of our partners: Enlightened Solutions

Enlightened Solutions is proud to have taken the lead on collaborating with Hope One on a grant from the USDA to form a new van to better serve those who suffer from the disease of addiction. The Hope One van provides an invaluable resource to our community, and the opportunity to partner with them on the funding of a new van is an opportunity that we, at Enlightened Solutions, are very grateful for. Many thanks are also due to AtlantiCare as well as the Atlantic County Sheriff's Office, as this initiative would not be possible without their hard-working staff. This project will aim to assist in saving more lives and providing more resources to those who are in desperate need.

Enlightened Solutions offers a full continuum of substance use care by treating the whole person from

medical detox to outpatient therapy. We are grounded in a multi-

disciplinary approach of the highest standards in medical and clinical care. We also foster a strong 12-Step philosophy along with true holistic treatment modalities including art therapy, music therapy, chiropractic care, yoga, meditation, and nutrient-rich organic food. We take great pride in customizing each patient's treatment on an individualized basis. By applying our exclusive evidence-based program, Enlightened Recovery, we evaluate each client's specific needs in multiple areas of their life and then bring a direct focus to those that require atten-



tion. This brings balance to the intersection of biological, social, and psychological needs for each individual client. We understand that recovery is often a lifelong process, therefore, we are committed to the continuation of treatment, peer support, and outcome analysis through our alumni follow up and recovery coaching program. Enlightened Solutions takes pride in cultivating a community of recovery resources to all lives that have been touched by addiction. By encouraging independence, stability, spiritual rejuvenation, and various holistic offerings, the Enlightened Solutions Family is truly proud to embody what it means to be an authentic Recovery Community.

Call Center: 609-270-5050

May is Mental Health Awareness Month

Each year millions of Americans face the reality of living with a mental illness. During May, NAMI joins the national movement to raise awareness about mental health. Each year we fight stigma, provide support, educate the public and advocate for policies that support people with mental illness and their families.

For 2021's Mental Health Awareness Month NAMI will continue to amplify the message of "You Are Not Alone." We will use this time to focus on the healing value of connecting in safe ways, prioritizing mental health and acknowledging that it's okay to not be okay through NAMI's blog, personal stories, videos, digital toolkits, social media engagements and national events.

Together, we can realize our shared vision of a nation where anyone affected by mental illness can get the appropriate support and quality of care to live healthy, fulfilling lives — a nation where no one feels alone in their struggle.

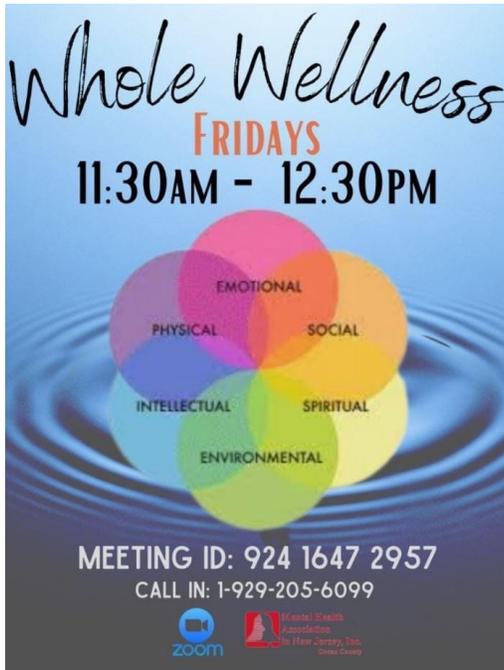
Help us spread the word through awareness, support and advocacy activities. Share awareness information, images and graphics for #MHAM throughout May.



FREE NARCAN TRAINING AVAILABLE

You will receive 2 doses of the life saving medication

609-909-7200



Hope One Alumni Corner

“You guys are wonderful! You helped my grandson and he is doing great! Thank you for all you do!”

-Mary

“A little over a year I went to Maryville and have been doing great every since. I can’t help Hope One enough because I have my life back.”

Francis H.

“You guys are awesome. You worked so quickly to help me and have been there whenever I need you. You really came through for me, thank you!”

Randy B.

“Thank you so much for listening to me and wanting to help. I have received so much information from you all and can’t thank you enough.”

Anthony G.

MENTAL HEALTH ASSOCIATION IN NEW JERSEY

VIRTUAL FAMILY SUPPORT GROUP

A VIRTUAL SUPPORT GROUP OPEN TO ANYONE WITH A FAMILY MEMBER, FRIEND, OR LOVED ONE WHO IS IN RECOVERY OR STRUGGLING WITH SUBSTANCE USE DISORDER

- ENGAGE WITH OTHER FAMILIES
- LEARN ABOUT ADDICTION AND RECOVERY
- LEARN TO SET HEALTHY BOUNDARIES
- ADDRESS FEAR AND ANXIETY

MONDAY & THURSDAY 6:30- 7:30 pm
 VIRTUAL ZOOM MEETING
 FOR AUDIO CALL DIAL 1 (646)-558-8656
 MEETING ID # 365-930-824

HOSTED BY

Questions? dbornheimer@mhanj.org or tahern@mhanj.org



Grandparent Support Group

Are you taking care of your grandchild due to your loved ones Substance Use Disorder? Join the ReConnections program and be part of a group of individuals just like you. Together we can lend a hand to one another. You are not alone.

Date: Wednesdays (First Date 5/26/2021)
Time: 10:30am and 7:30pm

Location: Google Meet joining info
Video call link: <https://meet.google.com/znt-kxsf-ndd>
Or dial: (US) +1 813-803-0054 PIN: 928 292 324#

Join us and learn self-care techniques/stress management skills.

To register or for more information, contact:

Julia Jolles
Lead Program Coordinator/Supervisor

609.313.3080 or julia.jolles@centerffs.org

MURPHY'S CHICKEN & POTATOES
FREE MEALS
FOR those IN NEED
SATURDAY
MAY 22ND
@11AM - 2PM




TURNING POINT DAY CENTER
 1717 Bishop JJ, Atlantic City, NJ (Formerly Leeds Ave)



O.C.E.A.N., Inc
community Action
 PARTNERSHIP
 Helping People. Changing Lives.





FRIDAY MAY 21
11 AM - 4 PM

COVID 19
 The COVID-19 Mobile Vaccine Clinic

J&J/Janssen

VACCINE

BUS TERMINAL
Atlantic City, NJ
1901 Atlantic Ave



ROWAN UNIVERSITY
 School of Osteopathic Medicine

SHERIFF ATLANTIC COUNTY
 Sheriff Eric Scheffler

HOPE EXISTS
 Atlantic County Sheriff's Foundation
 Connecting those in crisis
 Treatment, Support, Resources.

GRATIS



Sin identificación, no se necesita seguro!
COVID-19
VACUNACIÓN
J&J/Janssen
26 de mayo
11AM - 4 PM

Traducción proporcionada por Hammonton HELP
DiDonato Family Fun Center
 1151 S White Horse Pike, Hammonton, NJ 08037

We would like to extend an invitation to our partners to send in any trainings or upcoming events related to addiction that you would like published in our newsletter.

Please send submissions to the Hope One Newsletter editor:
 Lindsey Komar
 Cirillo_Lindsey@aclink.org
 609-833-0249

Subscribe to our Hope One Newsletter
Treatment Advocates If you or someone you know need help call
609-909-7200

Like us on Facebook: Hope One Atlantic County
Or visit our webpage: Hopeoneac.com

SHERIFF ERIC SCHEFFLER



ROWAN UNIVERSITY
 School of Osteopathic Medicine

Offering Hope
HELP
 HAMMONTON NJ

SHERIFF ATLANTIC COUNTY

Puerto Rican Clinic Association
 "¡Que Pasa! Que Pasa!"

Call 609-909-7200