

Dates & Locations

DAY-10am-2pm

3/2-Egg Harbor City 100 block of Philadelphia

3/4-Atlantic City @ FL and Pacific Ave.

3/9-Collings Lakes beach Cains Mills Rd. and E. Collings Dr.

3/11-Atlantic City @ City Center Park 1201 Bacharach Blvd.

3/16-Atlantic City @ Renaissance Plaza

3/18- Atlantic City bus terminal 1901 Atlantic Ave.

3/23-7 Eleven 2612 Tilton Rd. EHT

3/25-Pleasantville bus terminal 1 E. West Jersey Ave. Pleasantville

3/30-Atlantic City bus terminal

NIGHT- 5-8pm

3/2- Atlantic City @ Atlantic Ave. and Martin Luther King Blvd.

3/4- Pleasantville Housing Authority 156 N. Main St. Pleasantville

3/9- Atlantic City @ Renaissance Plaza

3/11- Egg Harbor City 100 block of Philadelphia

3/16-Atlantic City @ Red Klotz 1301 Adriatic Ave.

3/18- EHT Walmart 6801 E. Black Horse Pike

3/23-Pleasantville bus terminal

3/25- Ventnor Wawa 5212 Ventnor Ave.

3/30- Atlantic City @ City Center Park 1201 Bacharach Blvd.



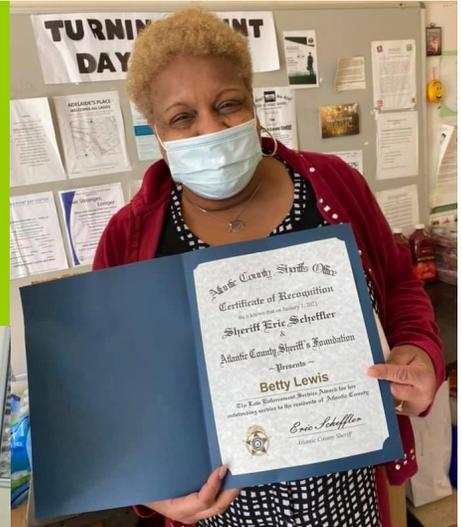
Sheriff Eric Scheffler

Hope One

“Connecting those in crisis to services”

What we offer:

- Direct connection to all levels of treatment
- Narcan training
- Mental health referrals
- County ID's (if going to treatment)



“If you are lucky enough to find a way of life you love, you have to find the courage to live it.”



-John Irving



Sheriff Scheffler of Atlantic County piloted the Hope One program in 2018, with a vision of serving the entire community, one individual at a time. Hope One outreaches individuals in crisis, the process begins by normalizing the individual, identifying the client's strengths, for the purpose of accessing and mobilizing their self-determination.

Under Sheriff Scheffler's guardianship and unwavering commitment, Hope One has expanded program services to develop a more comprehensive approach. Our team will prioritize the client's needs while placing an emphasis on service delivery. Hope One prides itself on being available to any community member that seeks services.

Hope One mobile unit is available 5x per week at various locations throughout the Atlantic County area. The program will remain focused on the client through the collaborative process. Our staff will advocate, coordinate services, educate and support, as well as provide after care through short term case management, for the sole purpose of the client to obtain a successful outcome.

Recovery Story

My name is Daina and I am no longer held captive in active addiction. When I was using, my mind cared about one thing and one thing only, and that was to put one more of anything inside of me. I had no remorse for others and my soul was non-existent.

Being a drug addict and finding recovery made me into the person I am today, and in no way am I ashamed to say that I have the disease of addiction. The hope is that I don't have to suffer from it anymore. Recovery has given me a new outlook on life, a purpose, and self worth.

I was robbed for many years of true happiness. Pain and covering up pain is all I ever knew until I found recovery. I found people just like me who loved me until I started to love myself again. March 3rd, 2013 is the day I made a decision to take my life back and try something different.

8 years later I am a proud mother of two beautiful children, a wife to an amazing man, a daughter, a sister and a friend. I would not have one of those things if I was still out there putting one more in me. I will be forever grateful for the life I have today, the people who are doing this thing called recovery with me, and most importantly hope I never forget where I came from.

-Daina H.



"I found people just like me who loved me until I started to love myself again."
-Daina H.

Hope One Alumni Corner



James has been a Hope One client since January 2020. We are so happy to announce that he is moving into his first apartment and he is ecstatic about it! With the help from Hope One, James has successfully completed treatment and is currently participating in an out-patient program. We have aided James building a positive support system and he is thriving! Way to go James!

The Center

Advanced Behavioral Care Services, LLC

Partial Care and Intensive Outpatient Programs

What is The Center?

We provide adult partial care and intensive outpatient programs that are dedicated to your personal growth and empowerment.

Support Services Provided:

- * Residential placement assistance
- * Social services advocacy
- * Transportation services
- * Supplemental food assistance
- * Wellness breakfast
- * Outsourced catered lunch
- * Afternoon snack
- * Resource and linkage assistance
- * Coordinate medical and dental appointments
- * Help attain insurance eligibility

Clinical Services Provided:

- Illness management and recovery
- Case management
- One-on-one therapeutic sessions
- Psychiatric evaluation
- Drug and alcohol testing
- Medication management
- Anger management
- Health education
- Psycho-educational groups
- Relapse prevention
- Vivitrol medication management
- Stress management
- Medication assisted therapies
- Prevocational education
- Men's and women's groups
- Creative expression
- Independent living skills
- Meditation

Teamwork: Working together as a team, we help to create change by offering commitment, understanding, structure, compassion, professional expertise and the setting reasonable, clear, and attainable goals. This will help set you on your way to achieve change.

Our staff: We are mental health and substance use disorder professionals, with a staff that includes social workers, counselors, MICA specialists and psychiatrists who believe in you for who you are. Through an open, hopeful approach we help you discover your potential.

Quick response: It is our goal to provide services to clients in need as soon as possible. You will not be wait-listed. You will be given an appointment for an intake with 24 hours.

Payment:

- Medicaid
- Drug court
- Intensive supervision program
- NJ State Parole/MAP
- South Jersey Initiative
- Self Pay options



Anxiety and Depression Support Group

- Share ideas and experiences
- Benefit from mutual support and connections
- Develop tools for healthier lives and self-care
- Meet others who understand

This weekly call-in group is Thursdays 3 pm-4:30 pm
609 241-9388
Meeting ID: 149330

For more information, contact
Bernadette Trendler at
609 652-3800 ext 318
or btrendler@mhanj.org

This is a program of the Mental Health Association in Atlantic County

Many people have put their physical and emotional checkups "on hold" during the pandemic in order to avoid a waiting room and doctor's office.

Mental and physical health are important, related and deserve your attention.

A free mental health screening is provided online by Mental Health America, a national nonprofit.



Find a screening online at:
www.screening.mhanational.org

By taking this quick, confidential mental health screen, you can better understand what you -- or a loved one -- is experiencing...as well as find help and support.



This is a Public Service Announcement from the Mental Health Association in Atlantic County. Find us on Facebook or online at www.mhaac.info

MENTAL HEALTH ASSOCIATION IN NEW JERSEY

VIRTUAL FAMILY SUPPORT GROUP

A VIRTUAL SUPPORT GROUP OPEN TO ANYONE WITH A FAMILY MEMBER, FRIEND, OR LOVED ONE WHO IS IN RECOVERY OR STRUGGLING WITH SUBSTANCE USE DISORDER



- ENGAGE WITH OTHER FAMILIES
- LEARN ABOUT ADDICTION AND RECOVERY
- LEARN TO SET HEALTHY BOUNDARIES
- ADDRESS FEAR AND ANXIETY

MONDAY & THURSDAY 6:30- 7:30 pm
VIRTUAL ZOOM MEETING
FOR AUDIO CALL DIAL 1 (646)-558-8656
MEETING ID # 365-930-824

HOSTED BY

Questions? dbernhelmer@mhanj.org or tahern@mhanj.org



We would like to extend an invitation to our partners to send in any trainings or upcoming events related to addiction that you would like published in our newsletter.

Please send submissions to the Hope One Newsletter editor:
Lindsey Komar
Cirillo_Lindsey@aclink.org
609-909-7217

Subscribe to our Hope One Newsletter Treatment Advocates If you or someone you know need help call **609-909-7200**

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Or visit our webpage: Hopeoneac.com